



THE TRIUMPH OWNERS MOTORCYCLE CLUB

presents the 1976

INTERNATIONAL LYDDEN RALLY

for ALL MOTORCYCLE SPORTSMEN

Sat. & Sun., May 8th & 9th

ROAD RACES GRASS TRACK RACES MOTOCROSS
KARTS

* A GREAT WEEKEND OF MOTORCYCLE SPORT *
Camping Facilities — Refreshments — Motorcycle Exhibition
Accessory Sales — Test Rides — Special Competitions

LYDDEN CIRCUIT

On A2, 6 miles from Dover



Rally Badge, Entry Tickets and Information from

Miss B. HARRIS, 71 West Street, Sittingbourne, Kent
Saturday & Sunday Inclusive £1.50; Sunday only £0.80.

The Premier Printing Works, 110a High Street, Sittingbourne, Kent

LYDDEN CIRCUIT

MOTORCYCLE

ROAD RACING

Sunday, 18th April, 1976

at 2.00 p.m.



Promoted by ASTRA M.C.C.

Held under the G.C.R.'s of the A.C.U.

Permit No. Q225

OFFICIAL PROGRAMME

OFFICIALS

A.C.U. Steward: S. J. Mellish

Club Stewards: G. Wilson, D. Parker

Commentator: W. Pepper

Judge and Lapscore: Miss J. Seager

Scrutineers: J. Mason, E. Saint, P. Sparshott

Clerk of the Course: W. Chesson

Secretary of the Meeting: Miss B. Harris,
71 West Street, Sittingbourne, Kent
Telephone: (0795) 72926 or 71978

WARNING—MOTOR RACING IS DANGEROUS AND PERSONS ATTENDING THE MEETING DO SO ENTIRELY AT THEIR OWN RISK.

It is a condition of admission that all persons having any connection with the promotion and/or organisation and/or conduct of the meeting, including the owners of the land and the drivers and owners of the vehicles, are absolved from all liability arising out of accidents, howsoever caused, resulting in damage and/or personal injury to spectators. In the event of a crash **PLEASE REMAIN WHERE YOU ARE.** The St. John Ambulance men are in attendance.

FLAG SIGNALS

National Flag—Starting **Red Flag**—Stop Immediately

Yellow Flag—Caution, you are approaching a fallen rider

Yellow Flag with Black Diagonal—Last Lap

Black Flag—Rider Excluded **Black and White Flag**—Race Finished

Note—Heat Grid positions have been balloted for. Final Grid Positions will be determined by finishing positions in heats.

LIST OF COMPETITORS — SOLOS

- 1 Les Burgan Redruth..... East Grinstead
- 2 Ent. Chequers Travel (Dover)
Martin Lawrence Chadwell Heath..... Bantam
- 3 Ent. M.M. Racing
Ivor MorganMargate..... Invicta
- 4 Christian DubuissonDunkerque..... Astra
- 5 Peter TaylorLondon..... Greenwich
- 6 Ent. Ovenden Bros.
Roger AbbottAshford..... Bantam
- 7 Bryan Martin.....Whitstable..... Astra
- 8 Dennis NoyesFelixstowe..... Astra
- 9 Jerry WhiteBrighton..... Brighton
- 10 Ent. Cray M/Cycles
Roy SimmonsKemsing..... Greenwich
- 11 Stephen SkinnerDover..... Astra
- 12 Alan BurmanCanterbury..... Astra
- 13 Ent. Halletts of Canterbury
Kevin Richards.....Faversham..... Astra
- 14 Ent. Halletts of Canterbury
Roger WinfieldBexhill..... Hailsham
- 15 Chris Ricketts.....Heathfield.....Velo Owners
- 16 Phil LovettBiggin Hill..... Greenwich
- 17 Jeff CrookbainSevenoaks..... Astra
- 18 Mick GregoryHayes..... Astra
- 19 James FordSittingbourne..... Astra
- 20 Alan Lockwood.....Ashford..... Astra
- 21 Philip BeatonLittlehampton..... Astra
- 22 Kevin HannSmallfield..... Astra
- 23 Robin ScudderBoreham Wood..... Bantam
- 24 Kevin ScudderBoreham Wood..... Bantam
- 25 Ent. Colwin M/Cycles
Terry Downs.....Faversham..... Bantam
- 26 Raymond SparksEastbourne..... Hailsham
- 27 Ent. Brockliss M/Cycles
J. NorrisBexleyheath..... Greenwich
- 28 Martin KnockDartford..... Gravesend E.
- 29 Christopher Grover.....Hassocks..... Brighton
- 30 John HynesHastings..... Astra
- 31 Nev FrostWest Wickham..... Astra
- 32 Nigel DaySalisbury..... Astra
- 33 Steve AndrewsRainham..... Astra
- 34 Paul Pollard.....Ramsgate..... Astra
- 35 Ent. M.L. Fuel Supplies
Stephen Fawsitt.....Ilford..... Astra
- 36 Mark Salle.....Barking..... Greenwich
- 37 Brian Gill.....Bexhill..... Astra
- 38 Mick TannerMinster..... Astra
- 39 Ent. Raymond Bennett
Dennis RapleyLeatherhead..... Gravesend E.
- 40 Ent. Boffin Racing
Alan CritophFolkestone.....BSA Owners
- 41 John PearsonWorthing.....Worthing Eagles

42 Alan Phillips Sidcup Greenwich
43 David Dowell Hookwood Astra
44 Ent. Gp. Capt. Coulson Emsworth Astra
Dennis Oldham Ipswich Astra
45 Jeremy Revett Tooting Greenwich
46 Rod Ball Eastbourne Eastbourne Wheels
47 Mick Robinson Leatherhead Astra
48 Brian Butcher Maidstone Astra
49 Roy Mannerings Otham Rochester
50 Philip Froud Gillingham Rochester
51 Bill Auger Billericay Astra
52 Philip Hobday Swalecliffe Astra
53 John Cashman Cobham Dorking
54 Robin Stonely Cranbrook Astra
55 Thomas Edge Maidstone Astra
56 Michael Thorpe Dover Astra
57 Tony Harris Hove Brighton
58 Stephen Courtney Hayes Astra
59 Dave Williams Greatstone Eythorne
60 Bill Warren Faversham Astra
61 Ent. Brian Flak Kawasaki Dungeness Astra
Tom Thompson Billericay Astra
62 Pat Richardson Royston Astra
63 Simon Schiernecker Lydd Astra
64 Ent. John Willmott Group Sanderstead Greenwich
Graham Godward Ipswich Bantam
65 Richard Holton Hassocks Brighton
66 Barry Tingley Brighton Brighton
67 James Dove Minster Astra
68 Rob Thornton Maidstone Triumph O.
69 Clive Goodridge Minster Astra
70 Charles Quartey Minster Astra
71 Ron Newitt Minster Astra
72 Ken Reeves Heston Astra
73 Dave Duxbury Heston Astra
74 Jim Tamsett Maidstone Astra
75 Douglas Brocklesby Seaford Astra
76 Anthony Mellish Reading Astra
77 Dave Mawson Hove Bantam
78 Phillip Lingham Canterbury Astra
79 Paul Kenchington Taunton Astra
80 Robert Ogdan London Astra
81 Mark Lobo Hove Brighton
82 Nick Pearce Canterbury Astra
83 Barry Fielding Thornton Heath Astra
84 Graeme Renton Harrow Astra
85 Donald Ross Romney Marsh Astra
86 Roy Dixon Stock Bantam
87 Graeme Horsfield Ipswich Bantam
88 Ent. Gp. Capt. Coulson Emsworth Astra
Ray Oldham Woking Bantam
89 Alan Bezzant Woking Bantam
90 John McCormick 8 Croydon Astra

91 Peter Lingham Chartham Astra
92 A. Swift London Astra
93 J. Ellison London Astra
95 Robin Drury Lindfield Astra
96 Simon Prior Brighton Astra
98 Alan Smith Burgess Hill Astra

LIST OF COMPETITORS — SIDECARS

1 B. Offen/C. Offen Esher Astra
2 B. Reeves/K. Croucher Northiam Astra
3 T. Mills/M. Jeffrey Maidstone Astra
4 K. Cooper/M. Dalley Crawley Astra
5 Ent. Crown Equipment Leigh on Sea Astra
A. Powles/S. Underwood Chelmsford S.S.S.
6 C. Willmore/S. China Greenhithe Greenwich
7 R. Jones/J. Dell Westcliffe Astra
8 W. Organ/D. Hills Cheltenham Astra
9 K. Sylvester/A. Sylvester Balham Astra
10 R. Smith/G. Martin Wembley Astra
11 N. Lucock/A. Crook Dartford Greenwich
12 B. Openshaw/D. Bright Shenfield Astra
13 P. Bowling/K. Scott Staines Astra
14 P. Dexter/A. Brown Wrotham Gravesend E.
15 A. Body/J. Cable Abbey Wood Greenwich
16 Ent. Team Unicorn Dover E.D.M.C.C.
M. Grinham/D. Cook Southall Astra
17 T. Jenkins/A. Edwards London Greenwich
18 M. Fathers/R. Elsworth Barnhurst Astra
19 T. Sutton/M. Callaghan N. Hillingdon Astra
20 J. Bampton/R. Best Chatham Astra
21 R. Topley/S. Topley St. Albans Astra
22 I. Moore/P. Froud Watford Astra
23 R. English/S. Bennett Ilford Astra
24 J. Oakley/S. Fearnside Larkfield Greenwich
25 Ent. London Motor Cycle Centre West Ewell Astra
B. Hope/R. Dellow Dover Eythorne
26 R. Wilson/M. Cole Portchester Astra
27 M. Alexander/I. Watson Greenford Astra
28 C. Sawyer/A. Strobl Leigh on Sea Astra
29 Ent. John Riley Motor Cycles Langley Astra
S. Stephens/C. Ingleson Watford Astra
30 M. Earl/J. Allen Tolworth Astra
31 A. Wilcock/D. Tooley Greenford Astra
32 T. Guy/P. Cowell Greenford Astra
33 M. Pagram/P. Galbraith Leigh on Sea Astra
34 P. Fry/S. McEwen Langley Astra
35 T. Powles/V. Tuite Leigh on Sea Astra
Reserves:
36 G. Baldock/G. Baldock Canterbury Eythorne
37 M. Justice/P. Amato Maidenhead Eythorne
38 M. Attrill/M. Coomber Crawley Brighton
39 J. Vines/P. Gibson Eastwood Astra

Event 7 4 Stroke Machines Only 8 Laps

"B" Four Stroke

9 J. White.....	750 Triumph 4	53 J. Cashman.....	750 Norton 2
11 S. Skinner	496 Matchless 1	59 D. Williams.....	900 Honda 2
12 A. Burman.....	750 Norton 2	62 P. Richardson..	830 C'mndo 1
16 P. Lovett	830 Norton 3	67 J. Dowe	750 Norton 4
28 M. Knock	650 Norton 1	69 C. Goodridge...	688 Wes. 3
33 S. Andrews.....	750 Triumph 2	71 R. Newitt.....	500 Triumph 4
34 P. Pollard.....	500 Honda 4	78 P. Lingham.....	750 Norton 3
46 R. Ball	750 Triumph 3	85 D. Ross	650 Rickman 5
51 B. Auger	736 Honda 1	96 S. Prior	680 Westlake 1

1. 1.66..... 2. 2.59..... 3. 3.62..... 4. 3.85..... 5. 3.85..... 6. 3.85..... 7. 3.85..... 8. 3.85..... 9. 3.85.....
 Time: 1.7.8..... Speed: 67.32

Event 1 Solos up to 250 cc Heat 2 6 Laps

6 R. Abbott	247 Yamaha 2	13 K. Richards.....	250 Suzuki 1
18 M. Gregory.....	250 Yamaha 2	20 A. Lockwood...	232 Benelli 4
24 K. Scudder	250 Greeves 2	23 R. Scudder...	248 Montesa 3
29 C. Grover.....	250 Greeves 1	26 R. Sparks.....	247 Suzuki 5
32 N. Day	247 Yamaha 3	27 J. Norris	247 Yamaha 2
36 M. Salle	250 Yamaha 1	30 J. Hynes.....	250 Bultaco 2
39 D. Rapley.....	250 Yamaha 4	37 B. Gill	247 DMW 4
41 J. Parsons.....	250 Yamaha 5	40 A. Critoph.....	250 Greeves 3
45 J. Revett	250 Yamaha 2	44 D. Oldham	247 Yamaha 2
47 M. Robinson.....	250 Yam. 1	48 B. Butcher	247 Yamaha 4
58 S. Courtney.....	250 Suzuki 4	49 R. Mannerings..	250 Cotton 3
63 S. Schiernecker ..	250 Suz. 5	60 B. Warren	250 Suzuki 1
68 R. Thornton.....	250 Greeves 3	64 G. Godward.....	247 Yam. 1
72 K. Reeves.....	247 Yamaha 3	65 R. Holton.....	250 Yamaha 1
76 A. Mellish.....	250 Bultaco 4	70 C. Quartey.....	250 Suzuki 4
80 R. Ogden	250 Yamaha 3	75 D. Brocklesby ..	247 Yam. 2
82 N. Pearce	250 Kawasaki 1	79 P. Kenchington...	248 Yam. 3
83 B. Fielding.....	250 Honda 4	86 R. Dixon	250 Yamaha 5
84 G. Renton.....	250 Yamaha 5	98 A. Smith.....	250 Suzuki 5
89 A. Bezzant.....	250 Greeves 5		

1. 1.42..... 2. 3.14..... 3. 4.45..... 4. 6.7..... 5. 8.9..... 6. 8.9..... 7. 8.9..... 8. 8.9..... 9. 8.9.....
 Time:..... Speed:.....

Event 4 Sidecars 351-1300 cc Heat 1 6 Laps

First 4 to Final, next 4 to Consolation Race 'A', next 4 to Consolation Race 'B'

1 B. Offen.....	900 Offonda 1	19 T. Sutton.....	750 Norton 3
4 K. Cooper.....	998 Lucifer 2	20 J. Bampton.....	750 JRT 2
9 K. Sylvester.....	750 Triumph 3	25 B. Hope.....	1000 LMC Piper 3
10 R. Smith.....	750 Smake 1	26 R. Wilson.....	750 Triumph 1
11 N. Lucock	750 Smake 2	31 A. Wilcock.....	750 Norton 2
14 P. Dexter.....	680 Smake 3	32 T. Guy.....	900 Honda 1

Reserves:
 37 M. Justice/P. Amato
 38 M. Attrill/M. Coomber
 39 J. Vines/P. Gibson

1. 1.2..... 2. 3.4..... 3. 4.5..... 4. 6.7..... 5. 8.9..... 6. 8.9..... 7. 8.9..... 8. 8.9..... 9. 8.9.....
 Time:..... Speed:.....

Event 1 Solos up to 250 cc FINAL 8 Laps

From Heat 1 1..... 2..... 3..... 4..... 5..... 6..... 7..... 8..... 9.....
 From Heat 2 1..... 2..... 3..... 4..... 5..... 6..... 7..... 8..... 9.....

1..... 2..... 3..... 4..... 5..... 6..... 7..... 8..... 9.....
 Time:..... Speed:.....

Event 7 4 Stroke Machines Only 8 Laps

"A" Four Stroke

5 P. Taylor.....	750 Taylormade 4	54 R. Stonely.....	750 Norton 2
7 B. Martin.....	500 Honda 2	55 T. Edge	350 Ducati 1
8 D. Noyes	864 Ducati 4	56 M. Thorpe	810 Seeley 3
15 C. Ricketts.....	496 Match. 1	57 T. Harris	750 Norton 3
22 K. Hann	750 Triton 2	66 B. Tingley	750 Norton 4
38 M. Tanner.....	750 Norton 4	77 D. Mawson	750 Norton 1
42 A. Phillips.....	700 Metisse 3	88 R. Oldham.....	348 A'mac. 2
43 D. Dowell	750 Norton 3	91 P. Lingham.....	750 Norton 1

1..... 2..... 3..... 4..... 5..... 6..... 7..... 8..... 9.....
 Time:..... Speed:.....

Event 2 Solos over 175 cc Not over 350 cc Heat 2 6 Laps

1 L. Burgan.....	350 Yamaha 1	3 I. Morgan.....	347 Yamaha 2
2 M. Lawrence.....	350 Yam. 1	4 C. Duboisson.....	347 Yam. 1
13 K. Richards.....	250 Suzuki 2	6 R. Abbott.....	247 Yamaha 3
14 R. Winfield.....	350 Yamaha 2	17 J. Crookbain...	350 Yamaha 5
19 J. Ford.....	350 Yamaha 3	18 M. Gregory.....	250 Yamaha 2
21 P. Beaton.....	347 Yamaha 4	20 A. Lockwood...	232 Benelli 4
24 K. Scudder	250 Greeves 6	23 R. Scudder.....	248 Montesa 6
27 J. Norris	247 Yamaha 2	30 J. Hynes.....	250 Bultaco 3
29 C. Grover.....	250 Greeves 6	32 N. Day	247 Yamaha 5
31 N. Frost	350 Yamaha 2	35 S. Fawsitt.....	350 Yamaha 1
37 B. Gill.....	247 DMW 4	36 M. Salle	250 Yamaha 4
41 J. Parsons.....	250 Yamaha 6	39 D. Rapley.....	250 Yamaha 6
44 D. Oldham.....	247 Yamaha 1	47 M. Robinson.....	250 Yam. 1
49 R. Mannerings..	250 Cotton 5	48 B. Butcher	247 Yamaha 2
55 T. Edge	350 Ducati 3	50 P. Froud.....	350 Yamaha 4
58 S. Courtney.....	250 Suzuki 4	60 B. Warren	250 Suzuki 3
63 S. Schiernecker ..	250 Suz. 5	65 R. Holton.....	250 Yamaha 2
64 G. Godward.....	247 Yamaha 1	72 K. Reeves.....	247 Yamaha 5
68 R. Thornton.....	250 Greeves 3	73 D. Duxbury	350 Yam. 6
74 J. Tamsett.....	350 Yamaha 5	75 D. Brocklesby ..	247 Yam. 3
76 A. Mellish	250 Bultaco 6	82 N. Pearce.....	250 Kawasaki 4
79 P. Kenchington...	248 Yam. 4	83 B. Fielding.....	250 Honda 5
80 R. Ogden.....	250 Yamaha 3	88 R. Oldham.....	348 A'macchi 6
87 G. Horsfield.....	347 Yamaha 5	90 J. McCormick...	348 Yam. 1

Reserves: 84 G. Renton 89 A. Bezzant 95 R. Drury 98 A. Smith

1..... 2..... 3..... 4..... 5..... 6..... 7..... 8..... 9.....
 Time:..... Speed:.....

Event 4 Sidecars 351-1300 cc **6 Laps**
Heat 2
 2 B. Reeves ...900 Kawasaki 1
 5 A. Powles...500 Kawasaki 2
 8 W. Organ ...840 BSA 1
 12 B. Openshaw ...750 Tri. 3
 15 K. Body ...750 Honda 3
 18 M. Fathers...906 Imp 3
 1.....3...4...5...6...7...8...9...10...11...12... Time..... Speed.....

Event 2 Solos over 175 cc Not over 350 cc **FINAL 8 Laps**
 From Heat 1 1.....2.....3.....4.....5.....6.....7.....8.....9.....
 From Heat 2 1.....2.....3.....4.....5.....6.....7.....8.....9.....

Event 4 Sidecars 351-1300 cc **6 Laps**
Heat 3
 3 T. Mills ...750 Triumph 1
 6 S. China...750 BSA 2
 7 R. Jones ...850 Triumph 1
 13 P. Bowling ...875 Imp 3
 16 M. Grinham...750 Weslake 2
 17 T. Jenkins ...750 Honda 1
 1.....2.....3.....4.....5.....6..... Time..... Speed.....
 11...12... Time..... Speed.....

Event 3 Solos 280-1000 cc **6 Laps**
Heat 1
 2 B. Lawrence...350 Yam. 1
 4 C. Duboisson...347 Yam. 2
 8 D. Noyes...864 Ducati 3
 14 R. Winfield...350 Yamaha 2
 15 C. Ricketts...496 Matchless 1
 27 J. Norris ...357 Yamaha 2
 33 S. Andrews...750 Triumph 4
 35 S. Fawcitt...350 Yamaha 5
 42 A. Phillips...700 Metisse 3
 46 R. Ball ...750 Triumph 4
 53 J. Cashman...750 Norton 2
 56 M. Thorpe...810 Norton 1
 59 D. Williams...900 Honda 4
 61 T. Thompson...498 K'asaki 3
 71 R. Newitt...500 Triumph 5
 77 D. Mawson...750 Norton 3
 87 G. Horsfield...347 Yamaha 4
 90 J. McCormick ...348 Yam. 1
 1.....2.....3.....4.....5.....6..... Time..... Speed.....
Heat 2
 1 L. Burgan...350 Yamaha 2
 5 P. Taylor...750 Taylormade 1
 9 J. White...750 Triumph 3
 11 S. Skinner...496 Matchless 1
 12 A. Burman...750 Norton 2
 13 K. Richards...350 Yamaha 4
 16 P. Lovett...830 Norton 2
 28 M. Knock...650 Norton 3
 34 P. Pollock ...500 Honda 4
 43 D. Dowell...750 Norton 5
 50 P. Froud...350 Yamaha 4
 54 R. Stonely ...750 Norton 3
 62 P. Richardson830 Cmndo. 2
 66 B. Tingley...830 Seeley 1
 73 D. Duxbury ...350 Yamsel 4
 74 J. Tamsett ...350 Yamaha 3
 88 R. Oldham...348 A'macchi 1
 91 P. Lingham...750 Norton 5
 1.....2.....3.....4.....5.....6..... Time..... Speed.....

Event 3 Solos 280-1,000 cc **Heat 3 6 Laps**
 3 I. Morgan...347 Yamaha 2
 7 B. Martin ...500 Honda 1
 10 R. Simmons...400 Yamaha 2
 17 J. Crookbain...350 Yamaha 3
 21 P. Beaton...347 Yamaha 2
 22 K. Hann...750 Triton 4
 25 T. Downs...750 Suzuki 3
 31 N. Frost...350 Yamaha 1
 38 M. Tanner...750 Norton 2
 51 B. Auger...736 Honda 4
 52 P. Hobday...492 Suzuki 5
 55 T. Edge ...350 Ducati 1
 57 T. Harris...750 Metisse 3
 67 J. Dowe...750 Norton 5
 69 C. Goodridge...688 Wes. 4
 78 P. Lingham ...750 Norton 5
 81 M. Lobo...500 Kawasaki 4
 85 D. Ross ...650 Rickman 5
 95 R. Drury...350 Yamaha 1
 96 S. Prior...680 Weslake 3
 1.....2.....3.....4.....5.....6..... Time..... Speed.....

Event 4 Sidecars 351-1300 cc **FINAL 8 Laps**
 From Heat 1 1.....2.....3.....4.....
 2 1.....2.....3.....4.....
 3 1.....2.....3.....4.....
 1.....2.....3.....4.....5.....6..... Time..... Speed.....

Event 3 Solos 280-1000 cc **FINAL 12 Laps**
 From Heat 1 1.....2.....3.....4.....5.....6.....
 2 1.....2.....3.....4.....5.....6.....
 3 1.....2.....3.....4.....5.....6.....
 1.....2.....3.....4.....5.....6..... Time..... Speed.....

Event 5 Sidecar Consolation Race 'A' **6 Laps**
 1.....2.....3.....4.....5.....6..... Time..... Speed.....
 2.....3..... Time..... Speed.....

Event 6 Sidecar Consolation Race 'B' **6 Laps**
 1.....2.....3.....4.....5.....6..... Time..... Speed.....
 2.....3..... Time..... Speed.....

Sunday, April 25th

A GREAT 3-in-1 MEETING

AT THIS CIRCUIT

BANGERS

15.00 hrs

THE ROUGHEST, TOUGHEST CAR BOYS

PLUS

SCRAMBLERS

14.30 hrs.

THE ROUGHEST, TOUGHEST BIKE BOYS

PLUS

100 mph KARTS

13.00 hrs.

THE QUICKEST, NIFTIEST THINGS YOU EVER DID SEE!

PLUS ONE WE DON'T COUNT

THROWN IN FOR THE BENEFIT OF THE KIDS

Formula 6 Juniors' Race

14.00 hrs.

The 1986 World Formula 1 Champion could be among
this lot!

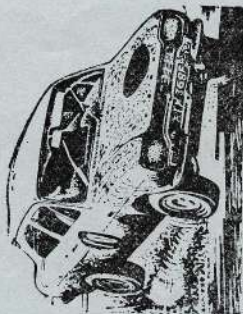
Come here again tomorrow!

Mon., April 19th

RALLYCROSS

plus

MOTOCROSS



ENJOY ANOTHER AFTERNOON OF

**Road
Racing**

AT LYDDEN CIRCUIT

SUNDAY, MAY 30th



Don't miss the next

BIG GRASS TRACK

IN THIS AREA

Sun. May 2

2.30 p.m.

**County Showground
Detling Hill**

on A249 Sittingbourne/Maidstone Road



Featuring all your Favourites & Regulars