

# remx '10

series



Expert & Junior

Sidcup & DMCC Ltd

Sunday 10th October

Canada Heights  
Swanley, Kent



■ Official Programme for conditions of admission see inside



# WATLING TYRES

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# WATLING TYRES

## The Autumn Motocross

**South Eastern Centre Championship**

**for Experts & Juniors**

**Canada Heights, Button Street, Swanley.**

**Sunday October 10th 2010**

### Exhaust Sound Level

The Clerk of the Course may exclude any machine which exceeds the maximum permitted sound level, or which in his opinion is deemed to be excessively noisy. Sound checks will be conducted by an official throughout the meeting.

### Unauthorised Riding

The riding of machines of any sort in the paddock and areas surrounding the circuit is totally forbidden. Because the event is on private property it does not place it outside the Road Traffic Act in terms of insurance. It cannot be stressed too strongly, that liability for a substantial claim could rest with the owners of the vehicle and the driver (or parents in the case of a minor) in the event of an accident.

**Course Length 1.8 Km**

**MOTORSPORT  
CAN BE DANGEROUS**

Despite the organisers taking all reasonable precautions, unavoidable accidents can happen. Please comply with all instructions of marshals and notices and remain in permitted areas only.

**THEY ARE  
CONCERNED  
WITH YOUR SAFETY**

### Programme of Events

8.00 a.m. **Signing On / Technical Control**

9.00 a.m. prompt **Practice order: Experts, Juniors**

**FIRST RACE - immediately after practice**

<b>Race 1</b>	<b>SE Centre Championship Experts Leg 1</b>	<b>20 mins. + 1 lap</b>
<b>2</b>	<b>SE Centre Championship Junior A Leg 1</b>	<b>15 mins. + 1 lap</b>
<b>3</b>	<b>Junior B Leg 1</b>	<b>15 mins. + 1 lap</b>
<b>4</b>	<b>Junior C Leg 1</b>	<b>15 mins. + 1 lap</b>

### Lunch Break

**with Marshals change over**

<b>Race 5</b>	<b>SE Centre Championship Experts Leg 2</b>	<b>20 mins. + 1 lap</b>
<b>6</b>	<b>SE Centre Championship Junior A Leg 2</b>	<b>15 mins. + 1 lap</b>
<b>7</b>	<b>Junior B Leg 2</b>	<b>15 mins. + 1 lap</b>
<b>8</b>	<b>Junior C Leg 2</b>	<b>15 mins. + 1 lap</b>
<b>9</b>	<b>SE Centre Championship Experts Leg 3</b>	<b>20 mins. + 1 lap</b>
<b>10</b>	<b>SE Centre Championship Junior A Leg 3</b>	<b>15 mins. + 1 lap</b>
<b>11</b>	<b>Junior B Leg 3</b>	<b>15 mins. + 1 lap</b>
<b>12</b>	<b>Junior C Leg 3</b>	<b>15 mins. + 1 lap</b>



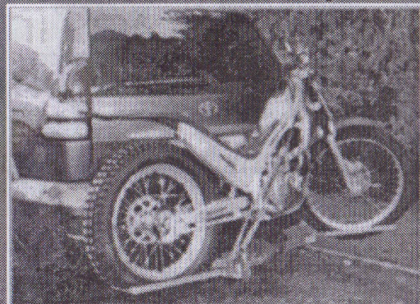


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JUNIOR RACKS 50cc-80cc

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Lightboards, tie down straps and double racks also available.

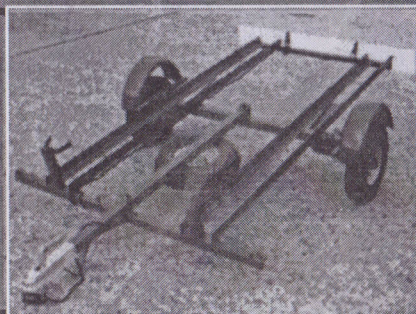
## TRAILERS

Single bike.....£229

Double bike.....£279

Treble bike.....£329

Sidecar.....£345



Spare wheel £24.50 extra. All prices include VAT • Delivery Service available.

Trailers come complete with Independent suspension, clip-on loading ramp, tie-down loops, wheel support clamps, security locking facility, removable lighting and six enamel colours.

NEW wall mounting brackets – to hang trailer on your garage wall £15.00 pair. Price includes lightboard & ramp



WELCOME TO OUR final open motocross event here at Canada Heights and the final rounds of the SEMX Junior and Expert series.

As always the track crew have worked hard to provide the best racing conditions for you all to enjoy.

Thanks go to our tireless officials and first aid teams also to all those who will marshal today. We can't do without you all.

Have a good day.



Darren Coutts  
Photo: John Powell



The event today is organised under the guidelines of the ACU. Both riders and spectators are requested to comply with all instructions of the organisers in respect of environmental matters.

## Supplementary Regulations

**Practice:** Experts, Juniors

Minimum 2 laps free practice. A board at the finish line will indicate that timed training has commenced (approx 2 laps)

**Juniors seeding to races:** 1st 33% from timed training in each group to Junior A, next 33% from timed training in each group to Junior B and the remainder to Junior C.

**Start Line Positions:** Experts as per timed training results. Juniors alternate positions from timed training results of Group 1, 2 and 3.

*Timed Training times and race results will be printed out and displayed at the signing on container. (There are no monitors).*

**AWARDS :**

**Experts :** 1st : £40, 2nd : £30 , 3rd : £24, 4th : £16, 5th : £11, 6th : £9, 7th : £8, 8th : £6, 9th : £5, 10th : £4.(Each Leg)

**Junior A :** 1st : £30, 2nd : £24, 3rd : £20, 4th £16, 5th : £12, 6th : £10 (Overall)

**Points System :**

The following scoring system will be used for all races today. 25: 22: 20: 18: 16: 15: 14: 13: 12: 11: 10: 9: 8: 7: 6: 5: 4: 3: 2: 1.

## FLAG SIGNALS

Red	Danger all riders to stop
Black with riders number	That rider to stop immediately
Yellow (static)	Danger take care, drive slowly
Yellow (waved)	Great danger, prepare to stop, no overtaking
Blue (waved)	Warning, you are about to be lapped
Green	Course Clear
Yellow with diagonal black cross	Last Lap
Chequered	Finish

## RIDERS NUMBERS

Regulation size. One in front, plus one each side, following colours: MX2 up to 125 two stroke/250 four stroke

Black plates with white numbers

MX1 250 two stroke/450 four stroke

White plates with black numbers

Sidecars yellow plates with black numbers

Make sure your numbers are readable – remember the lap scorers.



## OFFICIALS

**ACU Steward**  
Andi Deeks

**Clerk of the Course**  
Sten Pringle

**Senior Technical Officer**  
Peter Burton

**Chief Marshal**  
Jamie Clarke

**Start Gate Crew**  
Dave Postles, Steve Fellows  
Family Deeks

**Finish Flag & Judge**  
Joyce & Bryan Clarke

**Transponder Team**  
Carole Reeves, Liz Argent  
Marge Clarke

**Signing on Table**  
Sue & Kirstie Semark

**First Aid**  
Edna Worrall MBE *and the crew of*  
St John Ambulance (Northfleet)

**Secretary of the Meeting**  
Ann Degen  
4 The Gallops  
Vigo Village  
Meopham, Kent  
07794 157389

This competition is held under the  
National Sporting Code of the A.C.U.,  
standing Moto Cross Regulations of the  
S.E. Centre together with any approved  
Supplementary Regulations.

Competitors are reminded to be conscious of security with  
regard to all of their equipment and machines at all times.  
Do not leave vehicles unattended whilst at this venue.

## APPRECIATION

The grateful thanks of the club go to the St John  
Ambulance Northfleet Division, Kent County  
Council Constabulary, to members and friends  
who have acted as Marshals and Officials, also  
to the Riders who have made this meeting  
possible.

Permit No. ACU30106

## ADDITIONAL NOTICES

Motorcycle Sport can be dangerous  
and children should be supervised by  
a responsible adult at all times.

The Organisers, the A.C.U. and the  
Landowners, do not hold themselves  
responsible for loss or damage  
howsoever caused to vehicles or goods  
left in the Car Parks.

Spectators who bring dogs should keep  
them on a lead at all times, wandering  
animals can be dangerous. Suitable  
land for events is in short supply. The  
Club reminds all spectators and  
competitors to have consideration for  
the local population by driving carefully  
and quietly in the narrow roads leading  
to the course. Please do not leave  
paper or litter behind, it all has to be  
cleared up by tired voluntary helpers  
after the meeting.

## Crossing the Course

Under no circumstances should  
spectators cross the course whilst  
racing is in progress. At such points  
where it is permissible to cross the  
course, a marshal will indicate when it is  
safe to do so.

## Abandonment or Cancellation

The organisers reserve the right, subject  
to the approval of the Stewards of the  
Meeting, to cancel, postpone or  
abandon the competition if  
circumstances should arise which, in  
their opinion, render such action  
necessary.

**Public Address:** dpasound  
www.dpasound.com

**Caterer:** Wynnings & Weaver

## Caravan Toilets

Please do not empty your chemical toilet  
in those used by the general public  
during the meeting.

## SEM X Juniors Group 1 . . . . .

No.	Name	Machine	Club	Points
52	Sam Baker	250 KTM	GEST	.....
53	Lee Blackford	450 Suzuki	GEST	.....
59	Tom Smith	450 Yamaha	Twickenham	.....
60	Trevor Hadlow	250 Kawasaki	GEST	.....
62	Willie Morrison	250 KTM	Sidcup	.....
65	Darren Miccalef	250 Honda	Sidcup	.....
66	James Rutter	250 Honda	Sidcup	.....
67	Kieran Clarke	250 Suzuki	Sidcup	.....
71	Charlie Smith	250 KTM	Sidcup	.....
72	Danny Malone	450 Honda	Normandy	.....
76	Trevor Semark	250 Honda	Sidcup	.....
81	Richard Robinson	250 Yamaha	GEST	.....
84	John Reynolds	250 Honda	Sidcup	.....
85	Joshua Naylor	250 Honda	Sidcup	.....
86	Dave Parry	250 KTM	Brighton	.....
89	Timmy Andrews	250 Yamaha	GEST	.....
92	Nathan Fribbence	450 Honda	Sidcup	.....
94	Danny Lawrence	450 Kawasaki	GEST	.....
98	Paul Coldwell	450 Honda	Sidcup	.....
99	Nigel Budgen	250 Suzuki	Crawley	.....
102	Glen Smith	Honda	Sidcup	.....
105	Ollie Claxton	450 Suzuki	GEST	.....
106	Josh Mayo	250 Yamaha	Twickenham	.....
107	Dudley Hardy	450 Honda	Sidcup	.....
108	Chris Porter	250 KTM	GEST	.....
111	Paul Bradshaw	250 Honda	Twickenham	.....
112	David Castle	250 Suzuki	Sidcup	.....
113	Tao Wainwright	450 Suzuki	Twickenham	.....
116	Billy Fountain	250 Yamaha	Luton	.....
117	Mark Sandle	250 Suzuki	Luton	.....
118	Jason Robinson	144 Yamaha	GEST	.....
119	Alex Fountain	250 Suzuki	Luton	.....
123	Darren Osborne	250 KTM	.....	.....

## SEM X Juniors Group 2 . . . . .

124	Ben Gilbert	250 Honda	Sidcup	.....
126	Mick Powell	250 Honda	Sidcup	.....
127	Billy Shepherd	250 KTM	S/Hants	.....
128	Shaun Brooker	250 KTM	S/Hants	.....
132	Josh Tilyard	250 Honda	.....	.....
133	Adam Cafer	450 Yamaha	Sidcup	.....
134	Sean Kettlewell	250 Honda	Sudbury	.....
135	Rob Muscat	250 Honda	Sidcup	.....
136	Chris Stemp	450 Honda	GEST	.....
137	Vincent Skinner	250 KTM	GEST	.....
138	Daniel Feakins	450 Honda	GEST	.....
140	John Powell	450 Honda	Sidcup	.....



## SEM X Juniors Group 2 cont.'d . . . . .

No.	Name	Machine	Club	Points
142	James Prior	125 KTM	Sidcup	.....
143	Matt Sloman	250 KTM	Sidcup	.....
144	Jamie Maclean	250 Suzuki	Sidcup	.....
145	Paul Clarke	450 Honda	Dunmow	.....
147	Steve Gilby	450 Honda	Sidcup	.....
149	Gregg Kingston	450 Suzuki	Twickenham	.....
152	Sam Cheeseman	250 Honda	Sidcup	.....
156	Toby Harkness	-	Twickenham	.....
160	Sonny Naylor	250 Honda	Sidcup	.....
162	Nicky Barrow	250 Kawasaki	Sidcup	.....
167	Nicky Marsh	250 Honda	Sidcup	.....
168	Sean Marsh	450 Suzuki	Sidcup	.....
174	Lee Harper	125 Yamaha	Twickenham	.....
175	Guy Raines	250 Honda	Sidcup	.....
176	Richard Tapley	450 Suzuki	GEST	.....
177	Tim Conner	-	Twickenham	.....
179	Charley Powell	250 Kawasaki	Sidcup	.....
181	Darren George	450 Honda	Sidcup	.....
185	Tom Mayhew	250 Yamaha	Twickenham	.....
187	Scott Hayward	450 KTM	Sidcup	.....

## SEM X Juniors Group 3 . . . . .

189	Mathew Mayers	450 Suzuki	GEST	.....
190	Trevor Coy	250 Yamaha	GEST	.....
191	Gary Murphy	450 KTM	Chelmsford	.....
192	Adam Cunningham	250 Honda	Twickenham	.....
193	Craig Price	250 Honda	Twickenham	.....
194	Ben Reeves	250 Honda	Twickenham	.....
195	Mark Reeves	250 Honda	Twickenham	.....
198	James Paton	450 Honda	Luton	.....
199	Tim Straight	300 KTM	Twickenham	.....
210	Perry Watson	250 Honda	Twickenham	.....
216	Mickey Cornish	250 Honda	GEST	.....
218	Gary Brown	250 Honda	Twickenham	.....
237	Tony Nye	250 Suzuki	.....	.....
244	Sam Bates	250 Suzuki	Sidcup	.....
252	Micky McCombe-Thorne	250 Suzuki	Sidcup	.....
253	Lee Scott	250 Honda	GEST	.....
257	Ben Worster	250 Kawasaki	Sidcup	.....
258	Joseph Sasse	350 KTM	GEST	.....
272	Alan Naylor	250 Honda	Sidcup	.....
273	Scott Naylor	250 Honda	Sidcup	.....
275	Oliver Champness	450 Honda	Halstead	.....
287	Andy Wakefield	450 Yamaha	Sidcup	.....
288	Paul Moore	Honda	Sidcup	.....
293	Gregg Marshall	250 Honda	Sidcup	.....
300	Paul Austin	450 Yamaha	Sidcup	.....

## SEM X Juniors Group 3 cont.'d . . . . .

No.	Name	Machine	Club	Points
320	Billy Aylmore	450 Kawasaki	Sidcup	.....
357	Sam Worster	250 Kawasaki	Sidcup	.....
444	Jamie Trankle	250 Kawasaki	Sidcup	.....
461	Dean Goggins	450 Honda	Sidcup	.....
661	Joe Wootten	250 Honda	GEST	.....
741	Scott Kennedy	250 Honda	UMX	.....
813	Ryan George	450 Kawasaki	Sidcup	.....

## SEM X Experts . . . . .

2	David Williams	Honda	Sidcup	.....
3	Justin Collier	450 Suzuki	Sidcup	.....
5	Darren Coutts	450 Yamaha	Sidcup	.....
7	Daniel Arnold	250 Honda	Sidcup	.....
11	Craig Palmer	250 Honda	Sidcup	.....
13	Gareth Morley	450 Honda	Twickenham	.....
14	Shaun Springer	-	Sidcup	.....
15	Nicky Dadds	250 Kawasaki	Sidcup	.....
17	Sam Connor	450 Honda	Twickenham	.....
21	Kevin Argent	360 KTM	Twickenham	.....
22	Oliver Weaks	250 Honda	GEST	.....
25	Paul Anderson	450 Kawasaki	Sidcup	.....
28	Owen Bridgewater	250 Honda	Twickenham	.....
37	Philip Doe	450 Kawasaki	Norwich	.....
40	Tom Norton	450 Honda	Sidcup	.....
56	Roger Freaan	450 Yamaha	Twickenham	.....
86	Stuart Morrison	450 KTM	Sidcup	.....
111	Lloyd Pettett	250 Honda	Sidcup	.....
112	Dean Simes	450 Honda	GEST	.....
136	Chris Chapman	250 KTM	Sidcup	.....
141	Daryl Hall	250 Suzuki	Twickenham	.....
167	Jack Plowman	250 KTM	Twickenham	.....
244	Peter Redford	450 Honda	Sidcup	.....
307	Scott Hayworth	250 Yamaha	Chelmsford	.....
600	Daryl Maxwell	250 Yamaha	GEST	.....

### Copyright

All literary matters in the official programme, including the list of competitors and their racing numbers is copyright and any person making illegal use thereof will be prosecuted. It is also a condition of admission to any event held under an A.C.U. permit that no part of the meeting can be filmed or video recorded and/or video recorded and/or video transmitted in any way without the written consent of the promoters/organisers and/or A.C.U. except for the sole purpose of private enjoyment.



## Race Programme

### Race 1 SE CHAMPIONSHIP EXPERT Leg 1

1st ..... 2nd ..... 3rd ..... 4th ..... 5th .....  
 6th ..... 7th ..... 8th ..... 9th ..... 10th .....  
 11th ..... 12th ..... 13th ..... 14th ..... 15th .....  
 16th ..... 17th ..... 18th ..... 19th ..... 20th .....

### Race 2 SE CHAMPIONSHIP JUNIOR A GROUP Leg 1

1st ..... 2nd ..... 3rd ..... 4th ..... 5th .....  
 6th ..... 7th ..... 8th ..... 9th ..... 10th .....  
 11th ..... 12th ..... 13th ..... 14th ..... 15th .....  
 16th ..... 17th ..... 18th ..... 19th ..... 20th .....

### Race 3 JUNIOR B GROUP Leg 1

1st ..... 2nd ..... 3rd ..... 4th ..... 5th .....  
 6th ..... 7th ..... 8th ..... 9th ..... 10th .....  
 11th ..... 12th ..... 13th ..... 14th ..... 15th .....  
 16th ..... 17th ..... 18th ..... 19th ..... 20th .....

### Race 4 JUNIOR C GROUP Leg 1

1st ..... 2nd ..... 3rd ..... 4th ..... 5th .....  
 6th ..... 7th ..... 8th ..... 9th ..... 10th .....  
 11th ..... 12th ..... 13th ..... 14th ..... 15th .....  
 16th ..... 17th ..... 18th ..... 19th ..... 20th .....

## Competition Mind



### Sharing the Secrets of Success

- Do you feel as though you could go faster, get better results, and enjoy your competition more but don't quite know where the answers are?
- Do you suffer with limiting beliefs about your ability? Or find yourself holding back and don't quite know why; you may feel intimidated by other riders or had an accident that has slowed you down.
- Is there a part of your competition that causes you difficulties and try as you might you can't get it right? Maybe you know your best is yet to come but feel you can't wait any longer for it all to fall into place.

These are just some of the difficulties that can be easily overcome. Last year I helped riders from many different disciplines, MX1, MX2, Club motocross, International Enduro, Club Enduro, Trials and Speedway at every level.

*A typical example is of a club Motocross rider who came to me because he was having some bad results. He was worried and intimidated by other riders, had also suffered accidents and bad starts, and found himself getting angry and frustrated. We spent five hours working together producing an immediate effect on his results and this year he is competing within a higher group.*

Most people think that this is all strange music and Hypnosis, it isn't. This is about basic thinking patterns, it's about understanding how we create our problems and thus limit how we think. It's the undoing of old habits and learning the same behaviour and ways of thinking of the successful riders. My work is conversational, educational, qualified and experienced, results always follow.

#### What you can expect?

Amateurs - an increase in performance, results and consistency of around 75%

Top level riders - an increase in performance, results and consistency by 15-20%

Visit [www.competitionmind.co.uk](http://www.competitionmind.co.uk) to learn more about how I can help you achieve your goals and increase your success. Look at the case studies, FAQ's and much more, or phone me for a chat and get a feel for how I work.

Neil Drew – [www.competitionmind.co.uk](http://www.competitionmind.co.uk) 01279-841050 / 07879-282526  
 Perry Green, Herts.



**Race 5 SE CHAMPIONSHIP EXPERT Leg 1**

1st.....2nd.....3rd.....4th.....5th.....  
 6th.....7th.....8th.....9th.....10th.....  
 11th.....12th.....13th.....14th.....15th.....  
 16th.....17th.....18th.....19th.....20th.....

**Race 6 SE CHAMPIONSHIP JUNIOR A GROUP Leg 2**

1st.....2nd.....3rd.....4th.....5th.....  
 6th.....7th.....8th.....9th.....10th.....  
 11th.....12th.....13th.....14th.....15th.....  
 16th.....17th.....18th.....19th.....20th.....

**Race 7 JUNIOR B GROUP Leg 2**

1st.....2nd.....3rd.....4th.....5th.....  
 6th.....7th.....8th.....9th.....10th.....  
 11th.....12th.....13th.....14th.....15th.....  
 16th.....17th.....18th.....19th.....20th.....

**Race 8 JUNIOR C GROUP Leg 2**

1st.....2nd.....3rd.....4th.....5th.....  
 6th.....7th.....8th.....9th.....10th.....  
 11th.....12th.....13th.....14th.....15th.....  
 16th.....17th.....18th.....19th.....20th.....



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