

Sidcup & District
Motor Cycle Club Ltd
Founded February 1928
82 years of motorcycle sport

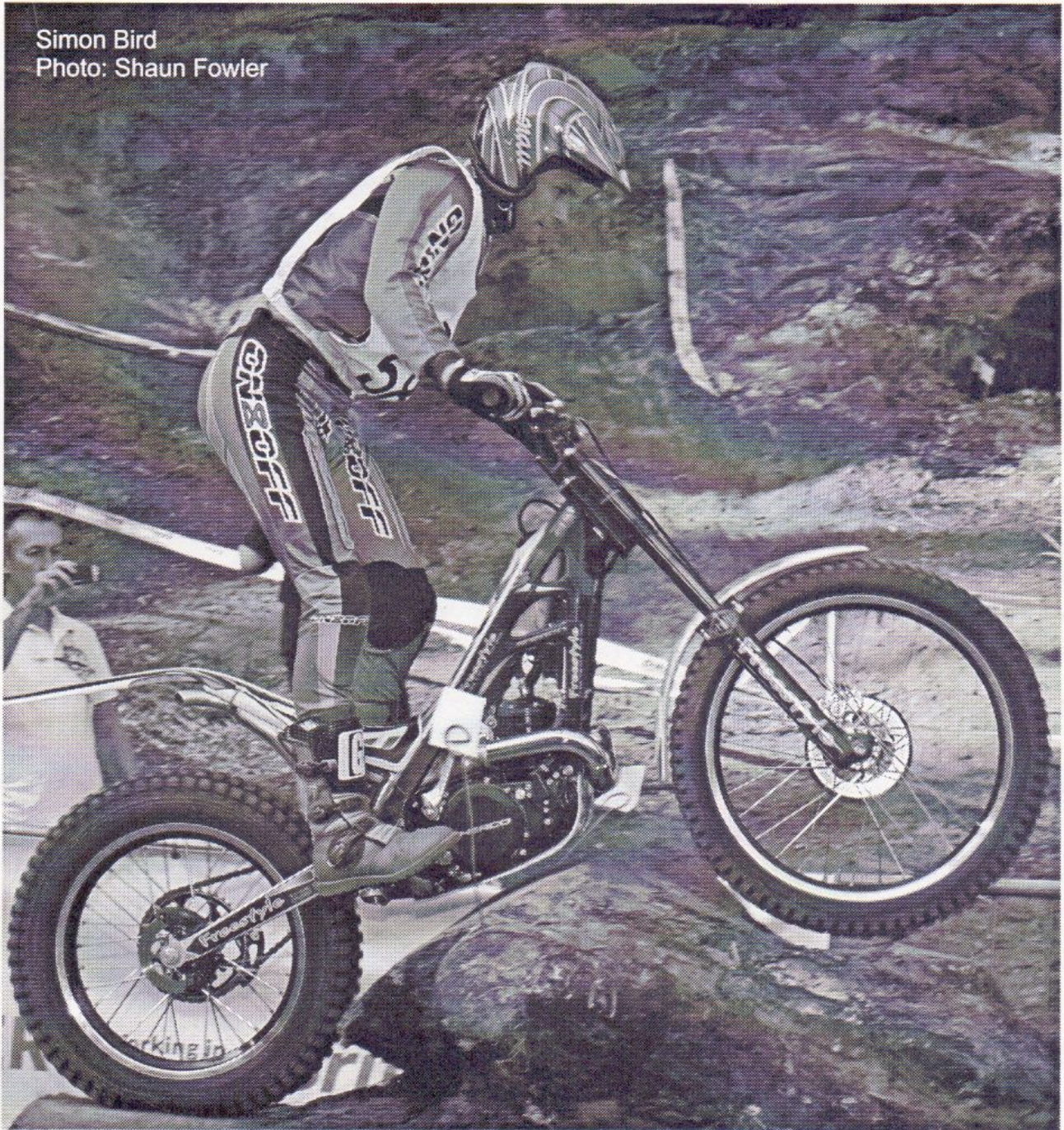
Freestyle 60

Sidcup

Trial

Canada Heights, Button Street, Swanley, Kent

Simon Bird
Photo: Shaun Fowler



Official
Programme
for conditions
of admission
see inside

Sunday January 17th 2010

First riders away at 9.30 am

Price 50 pence

2010 FREESTYLE SIDCUP SIXTY TRIAL

CANADA HEIGHTS, BUTTON STREET, SWANLEY, KENT

SUNDAY, 17th JANUARY 2010

Start time 9:30am

Permit No. 27173

OFFICIALS

ACU Steward: Mr Richard Thomas

Club Stewards: Mr Brian Edwards Mr Peter Burton

Clerk of the Course: Mr Dave Burroughs

Secretary of Meeting: Mr Peter Burrell

40 Annandale Road, SIDCUP, Kent, DA15 8EL

Telephone 020 8300 5572 Email: pj.burrell@btinternet.com

Canada Heights telephone number (for calls on the 17th Jan) 01322 614717

Directions to Canada Heights: Postcode for SatNav **BR8 8DX**. From the M25 Junction 3, take the Brands Hatch signs onto the A20 (note: **not** the M20). Straight on at the 'Teardrop Centre' roundabout, then turn next **left** into Button Street, signposted **Swanley Village**. **Please drive slowly down Button Street**, it is narrow and there are blind bends. Canada Heights is on the right side, nearly one mile from the A20.

FINAL INSTRUCTIONS

1. Signing on will be in the container on the left at the top of the hill. **YOU MUST SIGN OFF**, even if you retire early. **YOU MUST SHOW YOUR 2010 A.C.U. MEMBERSHIP CARD WHEN SIGNING ON** (it's **LIGHT BLUE** this year!).
2. **Start time for EVERYBODY is from 09:30am. Bikes will be scrutineered, then from 9:30am you may go from the start area TO ANY SECTION. YOU MUST continue sequentially from section to section thereafter.**
3. Two laps of 18 sections will be covered – Experts (Adult and Youth) using **WHITE** cards, Intermediates (Adult and Youth) using **BLUE** cards, Novices using **RED** cards.
4. **MARKING WILL BE BY TSR22B – NON-STOP rules. It is your responsibility to read the 2009 ACU Handbook page 202 (bottom) and 203 to understand the rules.**
5. **There is NO BREAK between laps one and two. ALL SECTIONS WILL CLOSE PROMPTLY AT 3:00pm, so if you do have a break, don't be too long!**
6. Don't forget you score **10 FOR A MISSED SECTION**. Don't miss any sections - awards have been lost by riders not realising they have by-passed one or two sections!
7. **SPECIAL NOTE** - if, for any reason, you decide not to tackle a section, **DO NOT JUST RIDE AWAY**. Tell the observer who will mark you down as a "5", which is better than the 10 you would get if you don't say anything!
Also your Secretary of Meeting spends hours going through observers cards looking for possible errors because no points are recorded at one or two sections in an otherwise completed course.

Please Note: **NO MACHINES** are to be ridden before any riders start time. Engines may be warmed up, but **NO RIDING** except by the shortest route to the start area.

Refreshments and toilets will be available all day.

Welcome to the 2010 Freestyle Sidecup Sixty

A new year (some say decade), a new sponsor and a new Clerk of the Course for the 'Sixty'.

Our good friends at Freestyle are keen to raise the profile of the Sidcup Sixty to be one of the premier trials of the South Eastern Centre. Dave Burroughs, our new Clerk of the Course, has designed and built some new sections to test the Experts, but not forgetting those who are still progressing on their way to Expert-ship!

For the first time for many years, the maximum number of 120 was not reached by the closing date. Is this the recession biting or the thought of coming out in the cold and snow? Another factor could be that once again, the 'Sidcup Sixty' is not a round of the South Eastern Centre Championship. This is something the club will be discussing with Freestyle and Dave Burroughs for the 2011 'Sixty'.

Like all South Eastern Centre trials apart from Group and Club ones, the Sixty is on an Open Permit, and no less than 22 riders have crossed the Dartford Bridge to be with us from other Centres – welcome to you all.

Ben Morphett, last year's winner, is contracted elsewhere this year, and for the first time for more than twenty years, Ashley Newbery, nine times winner of the Youngs Cup is not riding. However, the Expert class will be keenly contested with **Ben Wibberley** and Freestyle riders **Simon Bird** and **Adam Farley** the front runners.

When you have seen the Freestyle Shercos in action, wander along to Freestyle's display at Canada Heights for a chat with the boss, Colin Port. There will be a 2010 Sherco to try out if you are really keen. In a few weeks there will be a Sherco 'try-out' day at Canada Heights. Keep an eye on the Sidcup Club and Freestyle websites for details.

Finally, please keep moving during the day as daylight is limited in January. All sections will close at 3:00pm – five and a half hours is enough time for the observers to be standing around in the cold!

Have a good day at Canada Heights.

Peter Burrell

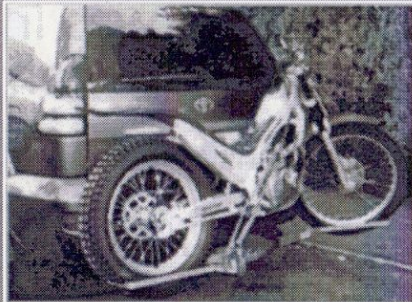
Sidcup Club President



DAVE COOPER TRAILERS

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WARNING MOTOR SPORT CAN BE DANGEROUS

Despite the organisers taking all reasonable precautions, unavoidable accidents can happen. Please remain in permitted areas only and comply with all instructions of marshals and notices.

THEY ARE CONCERNED WITH YOUR SAFETY.

The "2009" column is that rider's place in the 2009 Sidcup Sixty, *where they are riding in the same class this year*, and if between 1st and 10th places.

No.	Name	Club	c.c.	Machine	Class	2009
1	Ben Wibberley	Barham	280	Gas Gas	Exp	2
2	Alan Brown	96 Trials	250	Montesa	Int	
3	Chris Osmond	Folkestone	200	Gas Gas	Nov	
4	Adam Keeble	Es & Suf Bdr	250	Gas Gas	Int	
5	Doug Norris	Bexleyheath	250	Montesa	Nov	4
6	Dave Luck	Tenterden	250	Gas Gas	Int	6
7	Simon Bird	OWLS	290	Freestyle Sherco	Exp	3
8	Dave Brush	Tenterden	290	Sherco	Int	
9	Josh O'Grady	Bexleyheath	280	Gas Gas	Nov	
10	James Brown	96 Trials	125	Gas Gas	Yh Int	
11	Paul May	Gravesend	249	Beta	Nov	
12	Thorne Smith	Southend	280	Gas Gas	Int	
13	James Edwards	Barnet	250	Sherco	Exp	
14	Simon Rye	Eastbourne	250	Sherco	Int	
15	Graham Mills	96 Trials	250	Gas Gas	Nov	
16	Roy Beatty	OWLS	250	Gas Gas	Int	
17	Thomas Moss	Eastbourne	250	Gas Gas	Exp	
18	P. Britton	96 Trials	280	Gas Gas	Int	
19	Alan Downs	96 Trials	250	Montesa	Nov	
20	Scott Dark	Wickham	250	Sherco	Int	1
21	John Kane	96 Trials	290	Sherco	Nov	
22	Chris Dark	Wickham	280	Gas Gas	Int	
23	Jamie Webster	Bexleyheath	300	Gas Gas	Exp	
24	Mark Edmeads	96 Trials	250	Montesa	Int	
25	John Dudley	Gravesend	250	James	Nov	
26	Richard Norman	Colchester	250	Beta	Int	
27	Dominic Plumb	Double Five	125	Gas Gas	Nov	
28	Tom Norman	Colchester	250	Gas Gas	Int	
29	Dave Shave	96 Trials	250	Beta	Exp	
30	Chris Tesseras	Barnet	250	Beta	Int	
31	David Plumb	Double Five	250	Greeves	Nov	
32	Andrew Keeble	Es & Suf Bdr	250	Montesa	Int	

No.	Name	Club	c.c.	Machine	Class	2009
33	David Jones	Sittingbourne	250	Beta	Nov	
34	Wayne Geary	Normandy	290	Sherco	Int	
35	Richard Keeble	Es & Suf Bdr	250	Gas Gas	Exp	
36	Graham Kemp	Folkestone	300	Beta	Int	
37	Adrian Cairns	Berkhamsted	250	Montesa	Nov	
38	Rob Fleet	Bexleyheath	250	Scorpa	Int	
39	Stuart Morrison	Sidcup	270	Beta	Nov	
40	Gary Stephen	Bexleyheath	250	Montesa	Int	
41	Roger Higgs	Chelmsford	300	Gas Gas	Exp	
42	Andy Wilson	Gravesend	250	Yamaha	Int	
43	Dennis Fleet	Bexleyheath	250	Montesa	Novi	
44	Dave Cooper	Erith	250	Montesa	Int	
45	Steve Wright	Double Five	200	Montesa	Novi	
46	Jim Cammack	Colchester	250	Beta	Int	
47	Lennie Tidd	Berkhamsted	270	Beta	Exp	
48	Roy Palmer	Braintree	250	Beta	Int	
49	Paul Stephen	Bexleyheath	250	Montesa	Nov	8
50	Thomas Plant	SSTC	125	Gas Gas	Yh Int	
51	Sten Pringle	Sidcup	250	Sherco	Nov	
52	Gary Roberts	Sidcup	320	Sherco	Int (fna)	8
53	Don Giles	OWLS	200	Beta	Nov	
54	Adam Webb	Berkhamsted	125	Gas Gas	Yh Int	
55	Brian Cornelius	Sittingbourne	250	Sherco	Nov	7
56	Josh Webb	Berkhamsted	125	Gas Gas	Yh Int	
57	Martin Giles	OWLS	250	Montesa Honda	Nov	
58	Andy Bugg	Ipswich	250	Gas Gas	Int	
59	Tony Whitcombe	Sittingbourne	290	Sherco	Nov	
60	Jessica Fry	Horsham	125	Sherco	Yh Int	
61	Paul Anderson	Sittingbourne	250	Beta	Nov	
62	Robin Allen	OWLS	250	Sherco	Int	
63	Jon Sturdey	Kent & Sussex	250	Beta	Exp	
64	Rob Carr	Southend	300	Gas Gas	Int	
65	James Allen	OWLS	250	Sherco	Exp	
66	Colin Mote	Erith	250	Gas Gas	Int	
67	Phillip Ham	OWLS	320	Sherco	Nov	
68	Nick Ogden	Southend	250	Gas Gas	Int	
69	Adam Farley	Eastbourne	320	Freestyle Sherco	Exp	
70	Paul Garrett	Southend	250	Beta	Int	
71	Richard Caselton	Bexleyheath	250	Montesa	Nov	
72	Stuart Vigor	OWLS	290	Sherco	Int	
73	Peter Bedford	Twickenham	250	Beta	Nov	
74	Tom Bartrum	Bexleyheath	175	B.S.A.	Int	
75	Stuart King	Kent Youth	249	Gas Gas	Exp	8
76	Duncan Jordan	OWLS	300	Gas Gas	Int	



Sharing the Secrets of Success

- Do you feel as though you could go faster, get better results, and enjoy your competition more but don't quite know where the answers are?
- Do you suffer with limiting beliefs about your ability? Or find yourself holding back and don't quite know why; you may feel intimidated by other riders or had an accident that has slowed you down.
- Is there a part of your competition that causes you difficulties and try as you might you can't get it right? Maybe you know your best is yet to come but feel you can't wait any longer for it all to fall into place.

These are just some of the difficulties that can be easily overcome. Last year I helped riders from many different disciplines, MX1, MX2, Club motocross, International Enduro, Club Enduro, Trials and Speedway at every level.

A typical example is of a club Motocross rider who came to me because he was having some bad results. He was worried and intimidated by other riders, had also suffered accidents and bad starts, and found himself getting angry and frustrated. We spent five hours working together producing an immediate effect on his results and this year he is competing within a higher group.

Most people think that this is all strange music and Hypnosis, it isn't. This is about basic thinking patterns, it's about understanding how we create our problems and thus limit how we think. It's the undoing of old habits and learning the same behaviour and ways of thinking of the successful riders. My work is conversational, educational, qualified and experienced, results always follow.

What you can expect?

Amateurs - an increase in performance, results and consistency of around 75%

Top level riders - an increase in performance, results and consistency by 15-20%

Visit www.competitionmind.co.uk to learn more about how I can help you achieve your goals and increase your success. Look at the case studies, FAQ's and much more, or phone me for a chat and get a feel for how I work.

**Neil Drew – www.competitionmind.co.uk 01279-841050 / 07879-282526
Perry Green, Herts.**

No.	Name	Club	c.c.	Machine	Class	2009
77	Keith Dampier	Tenterden	250	Montesa	Nov	
78	Robin Whorlow	Tenterden	300	Gas Gas	Int	10
79	Brian Barnes	Horsham	200	Beta	Nov	
80	Charles Courtney	Eastbourne	125	Freestyle Sherco	Y Exp	
81	Ian McCulloch	Horsham	250	Scorpa	Nov	10
82	Luke Wilkinson	Bexleyheath	250	Yamaha	Int	
83	Allan Lown	Bexleyheath	290	Sherco	Nov	
84	Mark Nott	Bexleyheath	300	Beta	Int	
85	Peter Kingsmill	Bexleyheath	290	Sherco	Nov	
86	Steve Mote	Erith	250	Gas Gas	Int	
87	Nick Dowland	96 Trials	250	Stevens Sherco	Exp	6
88	Mark Cottingham	GEST Trials	125	Freestyle Sherco	Y Exp	3
89	Chris Koch	Berkhamsted	250	Beta	Exp	
90	Chris Anderson	Sittingbourne	280	Gas Gas	Int	
91	Mark Reason	Erith	250	Beta	Exp	
92	David Skinner	Double Five	250	Beta	Int	7
93	Matthew Strank	GEST Trials	250	Gas Gas	Exp	
94	Charlie Woodward	Thames	125	Gas Gas	Yh Int	
95	Dan Goodwin	Sidcup	250	Beta	Nov	
96	Dave Every	Southend	280	Gas Gas	Int	
97	Stuart Leek	Gravesend	250	Yamaha	Nov	
98	Thomas Sawyer	Sittingbourne	250	Gas Gas	Int	
99	Chris Every	Southend	280	Gas Gas	Exp	
100	Ian Pape	OWLS	250	Gas Gas	Int	
101	Roger Brown	Brighton	140	Scorpa	Nov	
102	Jim Howell	Thames	250	Beta	Int	
103	Kevin Thompson	Wickham	250	Gas Gas	Nov	
104	Jonathan Hunt	Folkestone	320	Sherco	Int	
105	Emma Thompson	Double Five	125	Gas Gas	Nov	
106	Callam O'Sheen	Double Five	125	Gas Gas	Yh Int	
107	Steve Line	Folkestone	???	Sherco	Nov	
108	Darren Tovey	Southend	280	Gas Gas	Int	
109	Derek Baker	Kent & Sussex	250	Beta	Nov	1
110	Kieran Tovey	Southend	80	Gas Gas	Yh Int	
111	Toby Sparkes	OWLS	250	Montesa	Int	
112	Geoff Brooker	OWLS	250	Yamaha	Int	

Riders:

Have you read and understood the FINAL INSTRUCTIONS at the beginning of this programme – especially those with a line to the left? No? Then do it now!

THE
SIDCUP & DISTRICT MOTORCYCLE CLUB

Annual Dinner & Dance

and

Presentation of Awards

will be held on

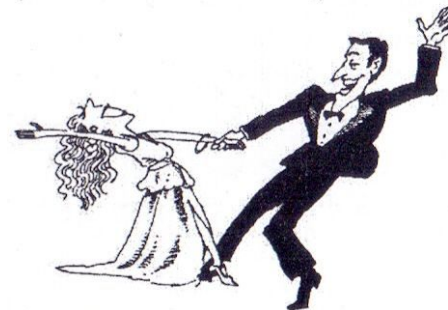
Saturday 20th February 2010

at

Brands Hatch Thistle Hotel

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sparkling occasion!

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your 2010 diary now!



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